



Baggies

*SAFE*

*'Keeping Our Family Safe'*

SAFEGUARDING ADULTS - EASY READ DOCUMENT





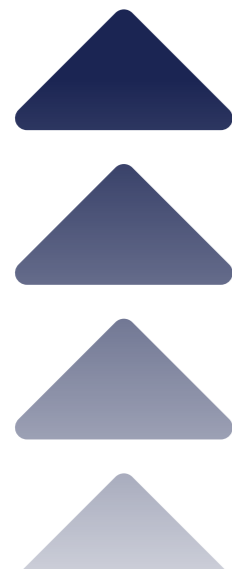


## SAFEGUARDING ADULTS EASY READ DOCUMENT

Safeguarding is not just for children and young people. Everyone has the right to enjoy our activities, to feel valued, respected, and safe. That includes those who are adults (over 18 years old). This document will help you understand what West Bromwich Albion do to help keep adults safe and ensure that they are supported.

You can see the Club's full Adult Safeguarding Policy at: [wba.co.uk/club/safeguarding/safeguarding-policies-procedures](http://wba.co.uk/club/safeguarding/safeguarding-policies-procedures) or click on the QR Code below.

This information will explain what you can do if you are worried about something and what we will do if we are worried about you and your safety and wellbeing.



## INTRODUCTION

**YOU ARE ALL PART OF THE WEST BROMWICH ALBION FAMILY, THAT ALSO INCLUDES THE FOUNDATION THAT WORKS WITHIN OUR COMMUNITY, AND IT IS IMPORTANT TO US ALL THAT YOU FEEL SAFE AND SUPPORTED.**

## WHAT IS SAFEGUARDING?

**It's making sure that all the right things are being done to ensure that activities are enjoyable and positive and to keep you safe.**

Anyone can find themselves feeling vulnerable. Some adults have additional support needs, including help to stay safe or maybe help in doing things for themselves. Our differences and vulnerabilities are not always visible – we might be going through a particularly tough time, we might have neurodiversity or communication differences (autistic spectrum, dyslexia, English as a second language etc), we may have had traumatic experiences, have lost someone who we love or be having relationship difficulties. There are many reasons why we may feel unsafe or in need of a bit of extra support.



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## HELP

### What will West Bromwich Albion do?

We will always...

- ▶ Listen
- ▶ Help you decide things for yourself
- ▶ Help you to understand the choices available to you and ask you what you think might help
- ▶ Take appropriate action to help you
- ▶ Help find the right help for you

## ABUSE

### What is abuse?

When someone does, says or writes things that upset another person, causes them harm or makes them feel uncomfortable

- **Physical** - is something that hurts you like being slapped, punched, kicked, bitten or when someone uses something like a stick or a belt to hit you.
- **Emotional** - when your feelings are hurt by something that is said or written or it can be when you are left out of things or ignored on purpose.
- **Sexual** - when you are made to do or watch something sexual you don't want to or when something sexual is done to you when you don't want it.
- **Financial** - when someone is taking your money, this could be cash, or they are taking it from your bank account by using your bank card and you aren't happy about it or maybe didn't realise it was happening.
- **Theft** - stealing your things.
- **Domestic abuse** - when these things are being done by a member of your family or someone you are in a relationship with.
- **Neglect** - when someone who is supposed to be looking after you isn't. Sometimes this might be done on purpose, sometimes it's because the other person has made a mistake, hasn't acted quickly enough, isn't able to prioritise your needs or has forgotten.

## WHO CAN ABUSE YOU?

It could be someone you know and trust or a stranger...

- ▶ A member of your family or your partner
- ▶ A friend
- ▶ Someone you meet when you go to certain activities
- ▶ A neighbour or someone in your community
- ▶ A carer, support worker, member of staff, or volunteer
- ▶ A teacher or lecturer at college
- ▶ A work colleague

## WHERE CAN ABUSE HAPPEN?

It can happen anywhere, at home, work, college, at sports activities, or when you are out and about socialising, shopping, or running errands.



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## WHAT CAN YOU DO IF YOU ARE WORRIED OR CONCERNED?

The first thing you need to need is share your worries, speak to someone that you trust. This could be...

- ▶ A friend
- ▶ A member of your family
- ▶ A social or support worker
- ▶ A teacher/tutor if you are still in Education or an apprenticeship
- ▶ A care giver
- ▶ Your GP or practice nurse
- ▶ A member of staff at West Bromwich Albion

If you speak to a member of staff at the club, they will share any concerns with a member of the safeguarding team so that they can get advice and support. Here at West Bromwich Albion, we have staff that are specially trained in safeguarding and a whole team of safeguarding champions and matchday safeguarding Stewards who you are committed to ensuring that you to find the right help.

To do this they might have to speak to other support services, but if they do this, they will talk to you about it first, so you know what is happening and ask your permission. This is called giving your consent.

If the Safeguarding Team feel there is a risk to other people or they are worried that there is an immediate risk to your safety and wellbeing, we may have to share information with support agencies without your permission, but we will explain to you why.



**Remember if you are frightened about your safety or at immediate risk of being harmed, you can call 999 for the police or if it is not urgent you can contact them on 101.**

You can also contact

**Sandwell Adult Social Care**

Mon – Thurs 9am – 5.30pm

Fri – 9am – 5pm on 0121 569 2266

sandwell\_enquiry@sandwell.gov.uk

Out of office hours the

**Emergency Duty Team** on 0121 569 2355

[http://www.sandwell.gov.uk/info/200216/adults\\_and\\_older\\_people/988/contact\\_adult\\_social\\_care](http://www.sandwell.gov.uk/info/200216/adults_and_older_people/988/contact_adult_social_care)

(or click on QR code on this page)

WBA Safeguarding Contacts:

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SCAN QR CODE  
FOR ADULT  
SERVICES



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**Sense / National Disability Charity**  
[www.sense.org.uk](http://www.sense.org.uk)



**The F.A**  
[www.thefa.com](http://www.thefa.com)



**Mind / offering support with mental health**  
[www.mind.org.uk](http://www.mind.org.uk)



**Womens Aid / support for women suffering domestic abuse**  
[www.womensaid.org.uk](http://www.womensaid.org.uk)



**Mencap / for learning disabilities**  
[www.mencap.org.uk/advice-and-support](http://www.mencap.org.uk/advice-and-support)



**Age UK / help support and resources for the elderly**  
[www.ageuk.org.uk](http://www.ageuk.org.uk)



**Autism West Midlands**  
 support services for autistic adults, including community hubs and online support  
[www.autismwestmidlands.org.uk](http://www.autismwestmidlands.org.uk)



**Hub of Hope**  
[hubofhope.co.uk](http://hubofhope.co.uk)  
 Immediate local signposting to accessible support for anyone needing help in relation to: mental health; feeling suicidal; BAME, LGBTQ+ or social inequality issues etc; struggling to access appropriate support. Just put your postcode into the search engine on their site.



**Ann Craft Trust**  
 Supporting adults and young people at risk or being abused  
 0115 951 5400 / [ann-crafttrust@nottingham.ac.uk](mailto:ann-crafttrust@nottingham.ac.uk)

There are links to many other support services on the safeguarding page of the official Club website <https://www.wba.co.uk/>

You can also contact us via the Contact us button on this website.

