



Be part of our family  
engaged, inspired, achieving its potential

## Community Health & Fitness Coach

**12 Month Fixed-Term Contract**  
**Part-time 10 – 16 hours per week**  
(dependent on applicant availability)

**Salary Band - £22,500 - £24,999 (pro-rata)**

The Albion Foundation is the official charity partner of West Bromwich Albion Football Club. A proud Albion Family, Engaged, Inspired and Achieving its Potential. Making a measurable difference in our local community.

The Albion Foundation appreciates that its greatest asset are its staff.

The Community Health & Fitness Coach will be responsible for delivering fitness and health programs that encourage active lifestyles, improve physical well-being, and promote mental health within the community.

The role involves engaging individuals across all ages, providing support in reaching their fitness goals, and creating inclusive environments for people to learn about healthy living.

The ideal candidate will be passionate about community engagement, health, and fitness, with the ability to motivate others to lead healthier lives.

### AS A COMMUNITY HEALTH & FITNESS COACH YOU WILL:

- Plan, develop, and deliver health and fitness programmes tailored to various community groups, including children, adults, older adults, and people with specific health needs.
- Run regular fitness classes, sports sessions, and physical activities that promote cardiovascular health, strength, flexibility, and overall well-being.
- Provide guidance on nutrition, lifestyle, and mental health to support a holistic approach to fitness. Community Engagement:
- Build relationships with local residents in Sandwell, schools, community centres, and organisations to promote participation in health and fitness programmes.
- Encourage active participation from disadvantaged groups or those with specific needs, ensuring programmes are inclusive and accessible.
- Foster a supportive and non-judgmental environment, helping participants feel comfortable and motivated to make changes in their lifestyle.
- Deliver workshops, talks, and educational sessions on key health topics such as physical activity, mental health, nutrition, and the importance of regular exercise. · Raise awareness of the health services and resources available in the community.

Should you require further details about this vacancy or The Albion Foundation, please contact us via [hr@albionfoundation.co.uk](mailto:hr@albionfoundation.co.uk) or alternatively call 07946 482 727.

Further information is available on our [website](#)



## OUR VALUES

SHOW INTEGRITY

FIND A BETTER WAY

INSPIRE TO ACHIEVE

GO ABOVE & BEYOND

We use the power of WBA FC to deliver excellence in



WELLBEING

BEHAVIOUR CHANGE

ACTIVE LIFESTYLE

## Learn more about The Foundation

To learn more about what we do please follow the links below:



**FIT BAGGIES**



**EFL Community Club of the Season**

## Be Part of our Family

88%

said this was a great place to work

100%

said the professionalism of their line manager was very good

83%

said the environment was comfortable and safe

Staff Survey 2022 Results

Diversity is important to us; Growing, Maintaining and Promoting a diverse team is a top priority for us. We encourage applications from a diverse range of suitably qualified candidates.

### HOW TO APPLY

To apply for this role please **download** and complete the application form and submit with a CV and covering letter.

Closing date: Friday, March 21, 2025

Interviews will be scheduled for dates that suit applicants and The Albion Foundation.



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