

Strength & Conditioning Coach (ETC & GGP)

Part-Time Contract

(during the 25/26 season ending May 2026)

Salary - £18 per hour

The Albion Foundation is the official charity partner of West Bromwich Albion Football Club. A proud Albion Family, Engaged, Inspired and Achieving its Potential. Making a measurable difference in our local community.

The Albion Foundation appreciates that its greatest asset are its staff.

The purpose of the Strength & Conditioning Coach will be to offer Emerging Talent Centre (ETC) and Girls Games Programme (GGP) players a physical performance programme that supports the club blueprint and delivers high quality athletes who are balanced, autonomous and adaptable. You will allow players to experience a safe, secure and supportive environment.

You will be an advocate and guardian of the women's game.

AS A STRENGTH & CONDITIONING COACH YOU WILL:

- Contribute to the coaching blueprint/curriculum ensuring there is Strength & Conditioning provision which complements the football programme.
- Deliver or oversee the delivery of the physical development programme, including:
- Design and deliver individualised athletics development programmes as well as group training sessions.
- Provide injury rehabilitation training of players as directed by the Physiotherapist, in preparation for return to training.
- Design and deliver a fitness testing programme. Use the results to drive group and individual training programmes.
- Work with the Physiotherapist to develop and support an activation/ prehab programme.
- Maintain a comprehensive database of work conducted with athletes and coaches.
- Keep records which meet the standard required by The FA and the appropriate professional bodies.
- Communicate with parents in the event of S&C related queries, generally and specifically to their children. Educate parents with regards to their role in supporting physical development, injury prevention, injury care, recovery, diet and other factors relating to lifestyles away from the ETC/GGP.

Should you require further details about this vacancy or The Albion Foundation, please contact us via hr@albionfoundation.co.uk or alternatively call 07946 482 727.

Further information is available on our **website**





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BUILDING FUTURES

To learn more about what we do please follow the links below:



WELLBEING



ACTIVE LIFESTYLES

Be Part of our Family

OUR GOALS







Diversity is important to us; Growing, Maintaining and Promoting a diverse team is a top priority for us. We encourage applications from a diverse range of suitably qualified candidates.

HOW TO APPLY

To apply for this role please <u>download</u> and complete the application form and submit with a CV and covering letter.

Closing date: Friday, December 5, 2025

Interviews will be scheduled for dates that suit applicants and The Albion Foundation.

