



Be part of our family
engaged, inspired, achieving its potential

Strength & Conditioning Coach

10 months Contract (July 2026 - May 2027)

6 hours per week

Salary Band - £27,500 - £28,999 PRO-RATA

The Albion Foundation is the official charity partner of West Bromwich Albion Football Club. A proud Albion Family, Engaged, Inspired and Achieving its Potential. Making a measurable difference in our local community.

The Albion Foundation appreciates that its greatest asset are its staff.

The Strength & Conditioning Coach delivers high-quality physical performance programmes to participants within the Girls' Games Programme (GGP), Emerging Talent Centre (ETC) and MJPL Programme, ensuring activity aligns with TAF quality standards and player development objectives.

The role supports the physical development, wellbeing, and long-term athletic progression of players through evidence-based strength and conditioning provision. Without this role, the physical performance programme and player development pathway would not be delivered consistently or effectively.

AS A STRENGTH & CONDITIONING COACH YOU WILL:

- Delivers a programme of high-quality strength and conditioning sessions to players across the ETC, GGP and MJPL Programmes ensuring activity meets agreed quality standards, safeguarding requirements, and player development objectives.
- Plans and prepares physical performance programmes in advance, adapting content to meet the age, stage and developmental needs of individual players and groups.
- Monitors and records participant attendance, testing data, progress, and outcomes to agreed reporting standards, contributing to impact measurement and programme evaluation.
- Builds positive relationships with players, parents/carers, coaches, and multidisciplinary staff, always representing The Albion Foundation professionally.
- Contributes to programme planning and development, sharing performance data, player insights and learning with colleagues and line managers.
- Designs and delivers age-appropriate strength and conditioning programmes that support athletic development, injury prevention and long-term player progression.
- Implements physical testing and monitoring processes, using performance data to inform individual and group development programmes.
- Works collaboratively with coaches, physiotherapists, and multidisciplinary staff to integrate physical development outcomes within the wider player development programme.
- Supports player education and wellbeing by promoting effective recovery, nutrition, injury prevention and healthy lifestyle habits with players and parents/carers.

Should you require further details about this vacancy or The Albion Foundation, please contact us via hr@albionfoundation.co.uk or alternatively call 07946 482 727.

Further information is available on our [website](#)



OUR VALUES

SHOW INTEGRITY

FIND A BETTER WAY

INSPIRE TO ACHIEVE

GO ABOVE & BEYOND

We use the power of WBA FC to deliver excellence in



Learn more about The Foundation

To learn more about what we do please follow the links below:



GIRLS PLAYER DEVELOPMENT PATHWAY



MIDLAND JUNIOR PREMIER LEAGUE

Be Part of our Family

OUR GOALS



Diversity is important to us; Growing, Maintaining and Promoting a diverse team is a top priority for us. We encourage applications from a diverse range of suitably qualified candidates.

HOW TO APPLY

To apply for this role please **download** and complete the application form and submit with a CV and covering letter.

Closing date: Friday, June 26, 2026

Interviews will be scheduled for dates that suit applicants and The Albion Foundation.



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